## You're Invited



## The Power of Humor and the Magic of Laughter Lois McElravy, Missoula, Montana

"When life knocks you down, humor is the magic wand that cushions your fall, lifts you back up, and points you in a new direction." - Lois McElravy

Lois grew up believing that she could accomplish anything she set her mind to do. She never considered her mind would turn out to be her biggest challenge. Come listen to Lois as she shares her emotional journey of confronting her personal loss and adjusting to a sudden life change caused by a brain injury. Learn how you can use the power of humor and the magic of laughter to distance yourself from your troubles, gain a new perspective, forget fear, find hope and dare to feel happy in the midst of trying times.

When Tuesday, June 30, 2009 7:00-8:30 p.m.

Where Madonna Rehabilitation Hospital, Sheridan Room

5401 South Street, Lincoln, Nebraska (park in lot located on east side of building)

There is no charge to attend this event. The Brain Injury Group of Nebraska (BIG-N) will be accepting donations to support their organization.

For more information contact Teresa Thompson, 402.325.9232

## **Thank You**

★ Lois McElravy for her willingness to present at no cost to attendees. Lois was the keykote speaker at the First Annual Brain Injury Confernce in Grand Island, 2007.

- ★ Brain Injury Group of Nebraska (BIG-N) for organizing this event.
  - ★ Madonna Rehabilitation Hospital for providing meeting space.

For a complete description of Lois' presentation visit her website at http://www.lessonsfromlois.com